



# Mint Lemonade

## INGREDIENTS

- 1/2 cup sugar or honey
- several springs of mint
- 3/4 cup fresh lemon juice (about 3 lemons)
- 4 cups cold water
- ice

## DIRECTIONS

1. Add mint springs and sugar or honey to your pitcher. Use a wooden spoon to mash up, trying to bruise the mint so that the flavor comes out!
2. Once the mint is crushed with the sugar or honey, add the lemon juice. Mix until the sugar or honey is dissolved.
3. Add 4 cups of water and mix again until everything is combined. Serve over ice and add extra mint leaves to each cup as desired.

Serves 4-6



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